

Creating the Stone Medicine Wheel

You don't really need anything to do this other than a piece of rope 15'-20'; a 12" stake, hammer, a semi flat area about 30'-60' in diameter (we're talking a life size, living and working wheel); 24 friends; a feather and smudge of your choice; drums and rattles; and a dish for potluck to pull it all together.

When all of this is arranged and everyone is together, prepare the land and stones. Men will prepare the space for the wheel, while women gather stones from the land, each rock needs to be large enough to register as heavy when it's picked up (kind does not matter).



When this is done, everyone will gather in a circle. Go around the circle and have each person introduce themselves and give a brief comment about why they came.

Give a brief explanation of the wheel and why you are creating one, and thank everyone for being present to co-create this powerful earth-human healing.



Now you're ready. Make a small loop in the end of your rope. Then make three knots, spaced about one arm length (yours) apart. Pound your stake into the ground just far enough to make it solid if you slightly tug on the rope. Put the loop around the stake so it can swivel freely as you walk around the circle.

From the center of your circle, pull the rope tight to the south. This is where you will begin. You

will be calling individuals in order around the circle to get a rock and set it in place. They will stay with the rock until you have released them at the appropriate time. The putting together done's take long, so this shouldn't be too stressful on any of them.



Elders, have a camp chair so they can sit if need be. Be aware, the placement of stones, is a little helter skelter. In the old days, stars

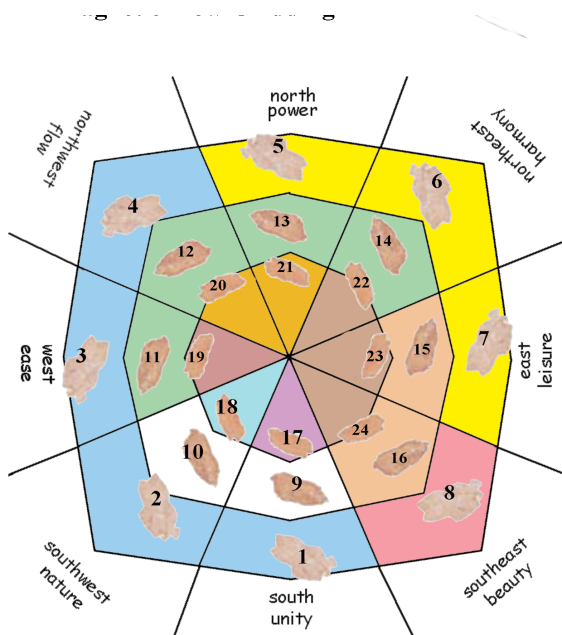
would be charted, and directions laid out over the course of a year based on planetary alignments. So follow this sequence, and as you lay the stone, let the person putting it in place know what their energy is in the wheel.



Okay, ready? Here we go. In 5th World dynamics we work clockwise around the wheel, dancing the dance that creates Life.

- South: inner knowing, balance, pathfinding
- North: blessings, inner child grows, earth wisdom

- West: inner strength, forgiveness, guardianship
- East: rejuvenation, flexibility, calm
- Southwest: patience, inner peace, illumination
- Northwest: passion, life integration, serenity
- Northeast: overcoming fear, transformation, release
- Southeast: graceful passage, interrelation, plenty



5th World lunar & location dynamics

Month	New Moons	Full Moons
Nov	inner knowing	patience
Dec	inner strength	passion
Jan	blessings	overcome fear
Feb	rejuvenation	graceful passage
Mar	balance	inner peace
Apr	forgiveness	life integration
May	inner child grows	transformation
Jun	flexibility	interrelation
July	pathfinding	illumination
Aug	guardianship	serenity
Sep	earth wisdom	release
Oct	calm	plenty

Once all the stones are in place you will want to have everyone step outside the medicine wheel and form a circle with their instruments. Rattling,

drumming, and chanting (you can find songs we sing in group at http://www.yraceburu.org/Eagle_Music.html), raise the energy to basic ecstatic. When the energy has reached this level, have individuals step into the center of the circle to dance and experience the vibration of the vortex created. The music will go on until about 10 minutes after the last person in the group has completed their turn in the center.





If you choose to share the experiences of this action, please write a short story and we will post it in our December 28th Issue. Email your story to info@yraceburu.org

Continue to utilize this wheel by physically walking the Changing Mother's grid. Walk the stones as numbered, spiraling inward. Sit in center and meditate, watch for signs of confirmation from nature.

For more information on studywork of this kind visit SpiralDancing Life on Earth

<http://www.yraceburu.org/SpiralDancing.html>

Thank you for helping to anchor the new magnetic grid as we crown to birth a new world paradym.