



Now

Re: Helping Hooves Project: Equine Therapy for Women

Dear Name,

Women are constantly looking for ways to feel and look better. This search has contributed to a multi-billion dollar women's health industry. Instead of focusing on the newest, flashiest service or product, I'd like to bring an ancient point of view to the table.

We provide a unique and innovative approach to PTSD, depression management and stress reduction for women. Our Helping Hooves provide highly structured, 90-minute, groundwork sessions that develop the following principles to everyday life: congruency over conformity, authenticity over perfection, adaptability and inquisitiveness over methodology. We utilize a specifically designed program that is set in motion over the course of thirteen (13) total sessions here at the ranch. Our work relieves the pain and tension caused by physical and emotional contraction in response to stress-filled situations, and enhances authenticity, the ability to set and live by healthy boundaries and actually live from a larger perspective of self and what's possible.

Our existing clients use our techniques to improve productivity, lower the frequency of inability to engage in daily life tasks and boost personal morale. Sessions teach extremely effective motivational/incentive communication skills as well as adjunct components to existing psychological therapies. Everyone benefits from intimate time spent with our gentle giants.

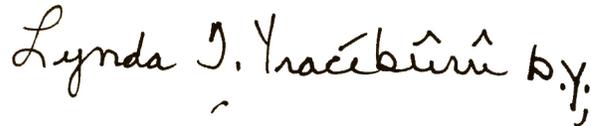
Some of the organizations we have worked with include: The Global Medicine Project; University of California, San Diego; University of California, Santa Barbara; the Regenerative Design Institute; New Mexico School for the Blind; and the Third World Counselors' Association.

Yracebûrû EarthWisdom @ Taa-naash-kaa-da Sanctuary  
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I am enclosing our Helping Hooves brochure and an article discussing the benefits of equine therapy and its implementation. I welcome the opportunity to answer any questions you may have and to schedule a complementary session of our Helping Hooves at your convenience. Our program sessions run April-August 4<sup>th</sup> Saturday of the month, 10 am to 4 pm.

I look forward to hearing from you.

Sincerely,

A handwritten signature in black ink that reads "Lynda J. Yraceburu B.Y.". The signature is written in a cursive style with a small flourish at the end.

Lynda Yraceburu  
council chair

*Fed NonProfit: 17053135337023*