

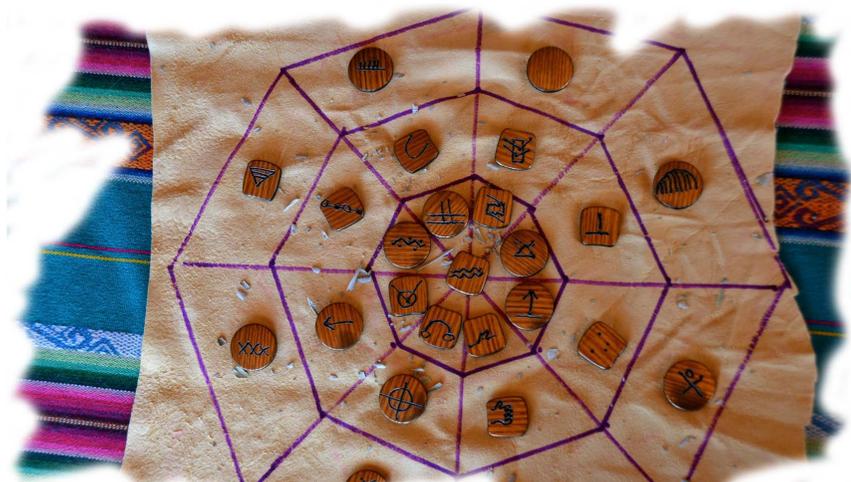
A PRACTICAL GUIDE TO

# ROLLING BONES

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MARIA YRACEBURU

USE IN TRACKING TIME & HEALING

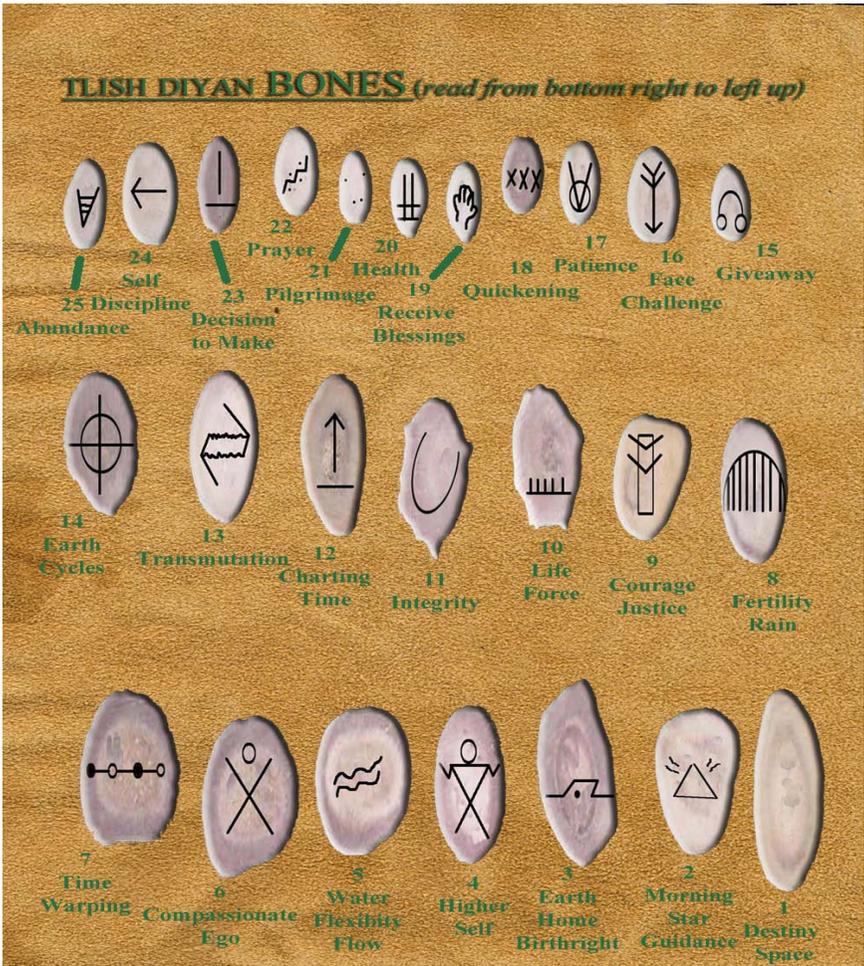


BY AUTHOR OF AH-KINE REMEMBRANCE

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*This book is lovingly dedicated to my life work and those that continue it.*



## ACKNOWLEDGEMENTS

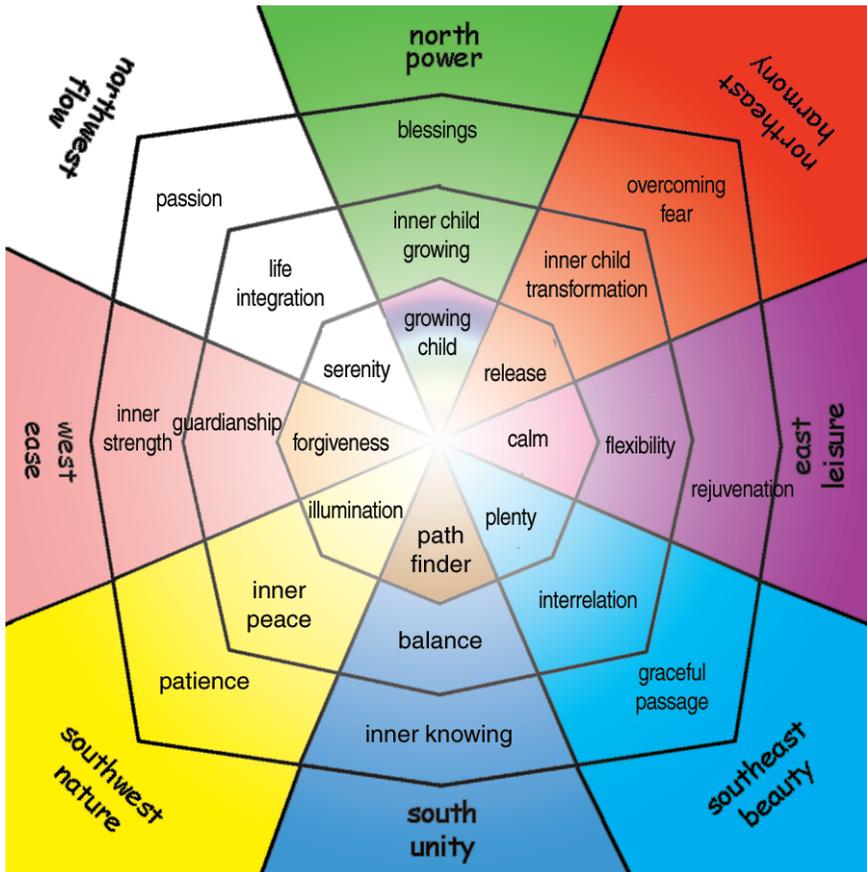
I thank grandpa, Apache Juan Ten Bears Yraceburu, as always, for introducing me to a spectacular living life belief system. His wisdom, intuitiveness, and patience encouraged me to learn as much as I could.

I'm especially grateful to Tutu Beatrex Quntanna, who, once a year - more as need be - hauls out her tarot cards, to confirm my own efforts with the bones.

My first attempts at sharing what I do, and how, has produced great, but advanced works. For support and encouragement in resolving simplicity, I gratefully thank Janet CC Lightstone, for not giving up on me. For Steven Egan who helps my traditional earth philosophical brain understand contemporary societal thought processes. Kaliani Cynthia Hupper for giving me the notebook/journal that inspired me to finally do this.

Finally, my heart to Lynda, my life partner, who has helped me track individuals for over twenty years, and advancing to create her own Gypsy

Oracle Cards - yet another confirmation in the ways of communicating with the Unseen.



What do the individual spaces on the grid mean?

prayer - said as sitting down to do a reading

Ancients

Keepers of Evolution Records

Guide us to Wisdom

Bless our lives with Happiness

Re-turn the stories of Strength

Ancients

We come in sacredness

Living the sacred ways of Earth

This is our prayer

That we may Come Together

and Remember

and so it is...

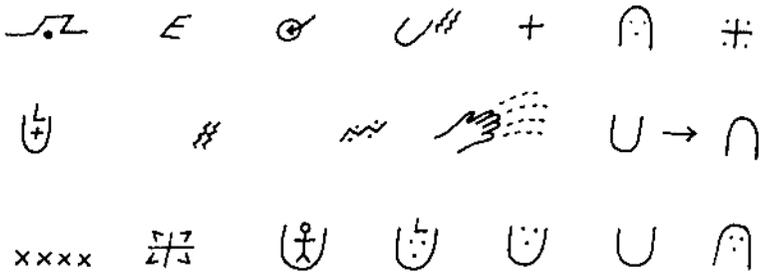
## INTRODUCTION

All night Oracle Get-Togethers began my life. There, Time Charters, Dream Healers, and Channels of any number of indigenous traditions, charted myth and prophecy, sang spirit songs and witnessed miraculous shamanic achievements. Dark nights came alive with bright stars and shining faces.

Like almost all indigenous peoples, Native Americans were inveterate diviners as well as enthusiastic participants in dreaming reality into being, which took skill, strength of faith, endurance in the quest and understanding of the unseen. Rolling Bones required memorization of symbology and vision to interpret combinations under pressure. A bone was pulled from the bag and the person seeking advice hoped that it would reveal the outcome desired. Variations of this type of divination exist around the world, and are not unique to any one people. Most of those I call teacher used this variation of gridwork.

A reading is so simple, yet delivered with knowing and confidence can propel a person down a path

with a map to success. Divination is a secured navigational system, proven time and again.



*Bones are healing, exciting and fun. Learning symbology exercises the mind to more possibilities in life. It's play and magic, and a deep seeded knowing that attracted so many of us to the metaphysical to begin with.*

A special experience was thought to be involved in a person acquiring the power to perform the beneficial magic and read the bones. If one wished to learn the divination of a da'igotí - tracker, they would complete training with a diiyin - HolyOne. The person becomes a da'igotí when they receive the power of their yágo'ii' - totemic guide. The yágo'ii' can shapeshift into many forms. The tlish diyan - snake clan lineage I am from - refer to the 'quickening' in which a student of a special talent, is taken to the mountain by a diiyin, and they spend time

inbetween time and space. The person is mourned as One Who Walked Before. The old life is forgotten. The yágo'ii' visits in trance state, replacing the fragmented mine with the whole thought and all seeing eye of the da'igoti. The yágo'ii' performs certain rites in the days that follow. The final day the yágo'ii' completes the quickening by giving the initiate powerful gifts to use in making magic and tracking time - a bag of bones. As a result of the quickening, the initiate is said to be reborn, having had a yágo'ii' inserted into the belly during one of the rites. The initiate da'igoti is believed to then visit the Spirit World. Da'igoti can fly to the Star Nations by an imploding birth where the drinking water gives them prophetic vision.

The lack of guidance in life can make life challenging - limited in fulfillment by the sheer number of distractions that present themselves. But pulling one small bone a day involves us in the co-creation of our daily reality. As the bone symbology is simple, the divination allows for expansive vision. Individuals seeking guidance can loop divination energies together in many ways to follow the connecting threads of success.

In my upbringing, Rolling Bones, was utilized mostly by women. The actual bones were of deer, elk, or buffalo antler buttons in most instances, being like a fingernail that is trimmed off, and cut into sections. Whatever their construction, every divination was an adventure involving hidden information, an expansion of reality that could go on for days.



*Great Grandfather White Cloud  
charting with his dzil kugha*

## WHAT EXACTLY ARE BONES?

Bones are petroglyphs carved into stone, or bone, by the earth peoples and utilized since about the first century AD. Bones were carried in a deerskin pouch by my tradition, and utilized for magic and divination. After colonization of North America they fell into use as gambling games by many of the tribes, but the 'tsanti - Reality WebDreamers of the clans preserved the understanding and skill through oral tradition.

Each symbol has meaning and carries great power by its inscription. The simple process of dreaming is turned into a magical manifestation of destiny.

Today, I use many variations on what I was originally taught. Divination of many forms, and degrees of skill, are popular. Tarot, of course, is one of the more well known forms. All provide us with clues to our lives, and a peek into the lives of the Ancients who first left them for our inquisitorial nature to play with.

As abstract as a bone might appear, it has specific meaning.

## Interpretation

The unique order of the itsin'ní - earth bones, and their division into three gotáh - families - has significance in reading complicated relations between the bones. For the most part, it's a system of reading between the lines and creating statements of outcome - I use meaning as expressed by Grandpa that I learned and built upon. It's intuitional, but will give some insight into how my family has used itsin'ní to open doors to understanding the worlds inbetween.

itsin'ní are my friends, that choose to work in partnership with me. Utilizing their abilities to make things make sense to me out of the patterns of the medicine wheel world view I reflect in my work. This is fundamentally odd to most.



While I really like to open the bag and toss the bones, letting them fall where they might on the

medicine wheel, I know there are some who need to learn through structure. For that reason, I've provided a few key reading grids where a bone is pulled from the bag and placed in a specific area of the medicine wheel and then read for purpose of intent, much like tarot.

I do encourage you to have fun and utilize your own trust in interpretation.



## ROLLING BONES DIVINATION



### Learning to Read

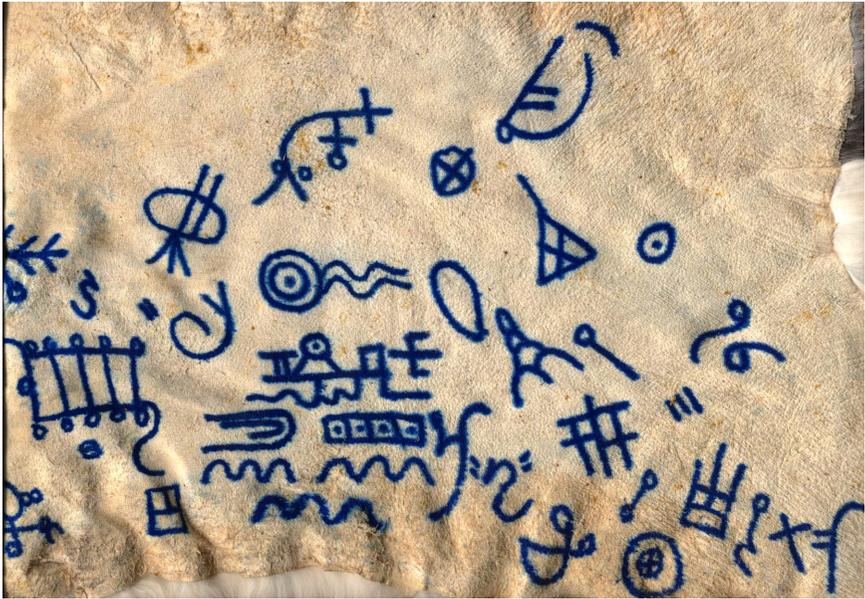
Okay, so make a relationship with your set of bones. Before you even read on, hold each one of them in your hand and feel it. Hold it in each hand... is there a difference in how it feels? Just observe and make a few notes.

Now look at the chart at the front of the book. Look at each bone symbol, and compare the meaning of the symbol with what you got from your notes. That's your intuitive baseline of how to interpret your bones. Like kinesiology's muscle testing, you have to determine your own baseline in your relation.

As a resource I've given something of a general interpretation of each bone inscription at the back of the book, like many oracle and tarot sets do. Since this is kind of a tossing of the bones,

I'd like you to please work with the intuitional  
and then the intellectual.

Thanks!



Journey in the 5<sup>th</sup> World  
This tablet tells the da'igoti  
everything they need to know  
to guide us through planetary  
& humanitarian evolution.

## THE MAGIC OF SPINNING TIME

The whole idea of divination is to momentarily stop time and retrieve hidden information. Some traditions use it for foretelling the future, but what I implements so much more: If you're sick, I can discover herbs that can be looked into for help; If you're lost and wandering, I am often shown ritualistic actions you can work through to find your way. But here we work with the simplest form of divination training - how to track energetic information relevant to day to day life, and the curing of soul sickness.

### Inscriptions

The pictograph burned into each button is done in a sacred way by my life partner, Lynda, and are universal. I've seen them not only in Native American work, but Polynesian Lemurian Tablets, French Cave art, and many more historic indigenous mind creations. The inscription is the message... the word, so whether one bone is drawn, or many, the tone is set for interpretation of your reading.

### Reading Divinational Tracking

Another way of reading the bones is utilizing the Star Spreads provided and the medicine wheel

tablet. Much like tarot, or astrology, our configurations have specific meaning based on wheel quadrants, sequencing, and bone inscription. We won't be addressing really detailed Medicine Wheel quadrants here. If you want to know more about that, I suggest our SpiralDancing Life online apprenticeship, or checking out other teachings of this fashion that we do.

I often find myself actually looking at the nature of the map I'm creating and playing a little version of logic scrabble. What's that? As I place the bone on the grid, I create a list.

PULL PLACEMENT	+	BONE
4-testing		Receive blessings

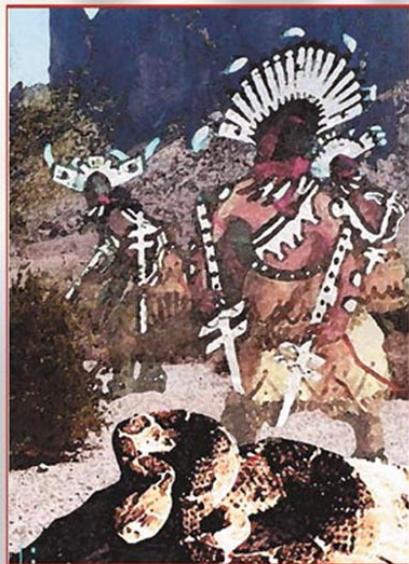
The interpretation would be about how I might be testing the way I allow myself to receive blessings in my life right now.

# STAR PATHWAY TEACHING GRIDS

Legends and Prophecies  
of the

# QUERO APACHE

*Tales for Healing and Renewal*



María Yracébûrû

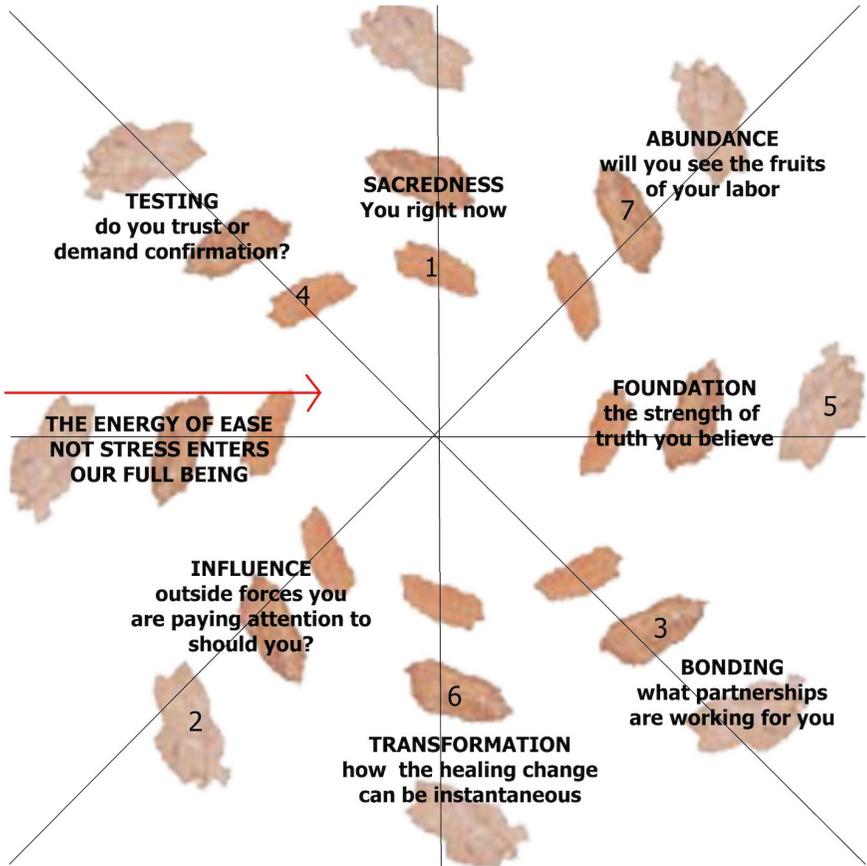
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## Lifeway Tracking - Wolf Clan Teaching

This tracking focuses on the general way life is running, and applies to everything in the basic connotation of how does our life actually support our fulfillment.

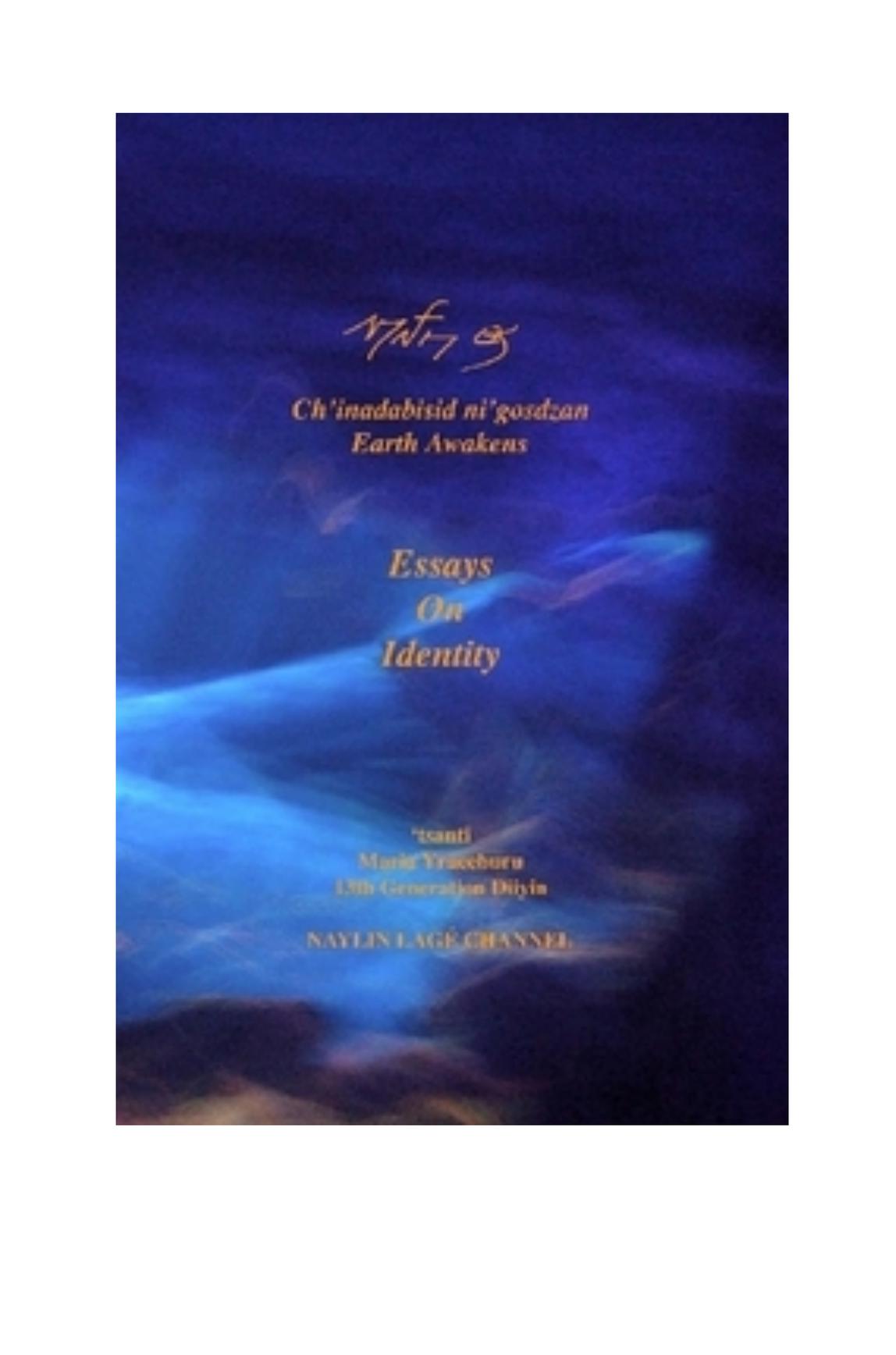
Look carefully and never assume. Wolves are trackers and find direction utilizing their sense of love that pulls them forward. Watch, most of the time wolves are very happy people.

In this tracking you'll be confirmed, or find where you need to make changes. If you can make those changes, then your outcome will be to your liking.



Additional info: This will get you to look at things. If #2 and #16 are in conflict, you might

want to let go of the struggle and change your life game plan in some way. Note: the simplest way usually works best, so 40 seconds to receive it - WHAT IS IT? Time up. Don't go into brainack mode, all of this is most effective when intuitively approached.



*ᑭᑦᑎᑦᑎᑦ*

*Ch'inadabisiid ni'goshzan*  
*Earth Awakens*

*Essays*  
*On*  
*Identity*

*'tsanti*  
*Marie Yūteeburu*  
*13th Generation Diiyín*

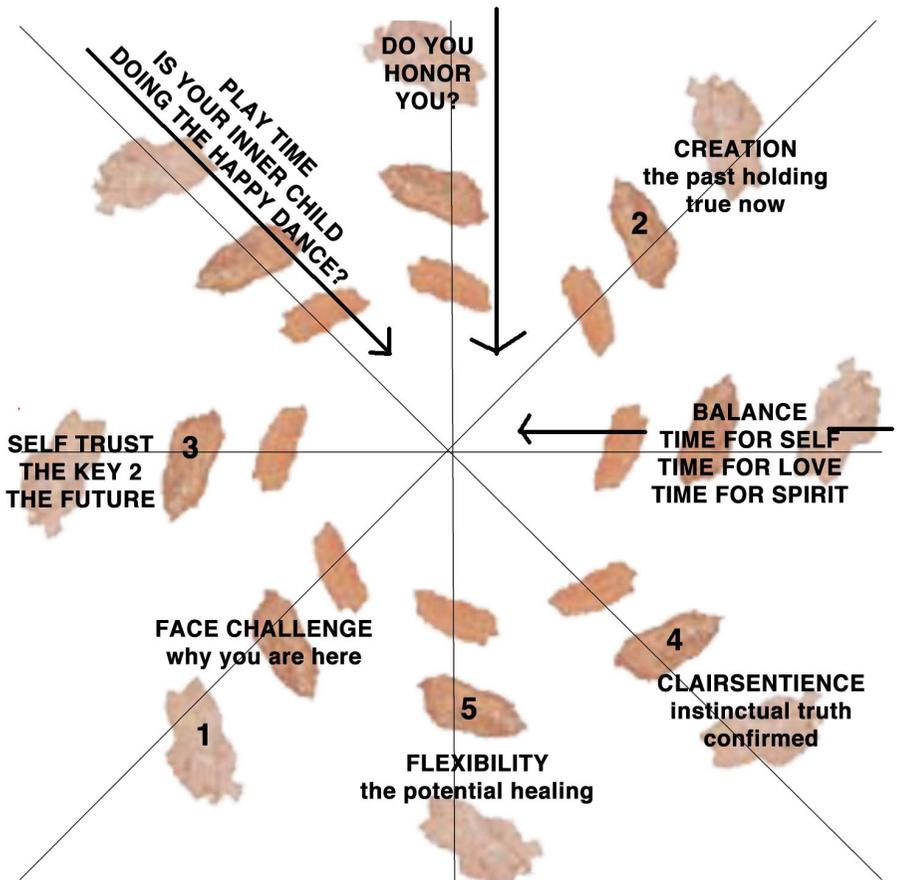
NAYLIN LAGÉ CHANNEL

# GRID -

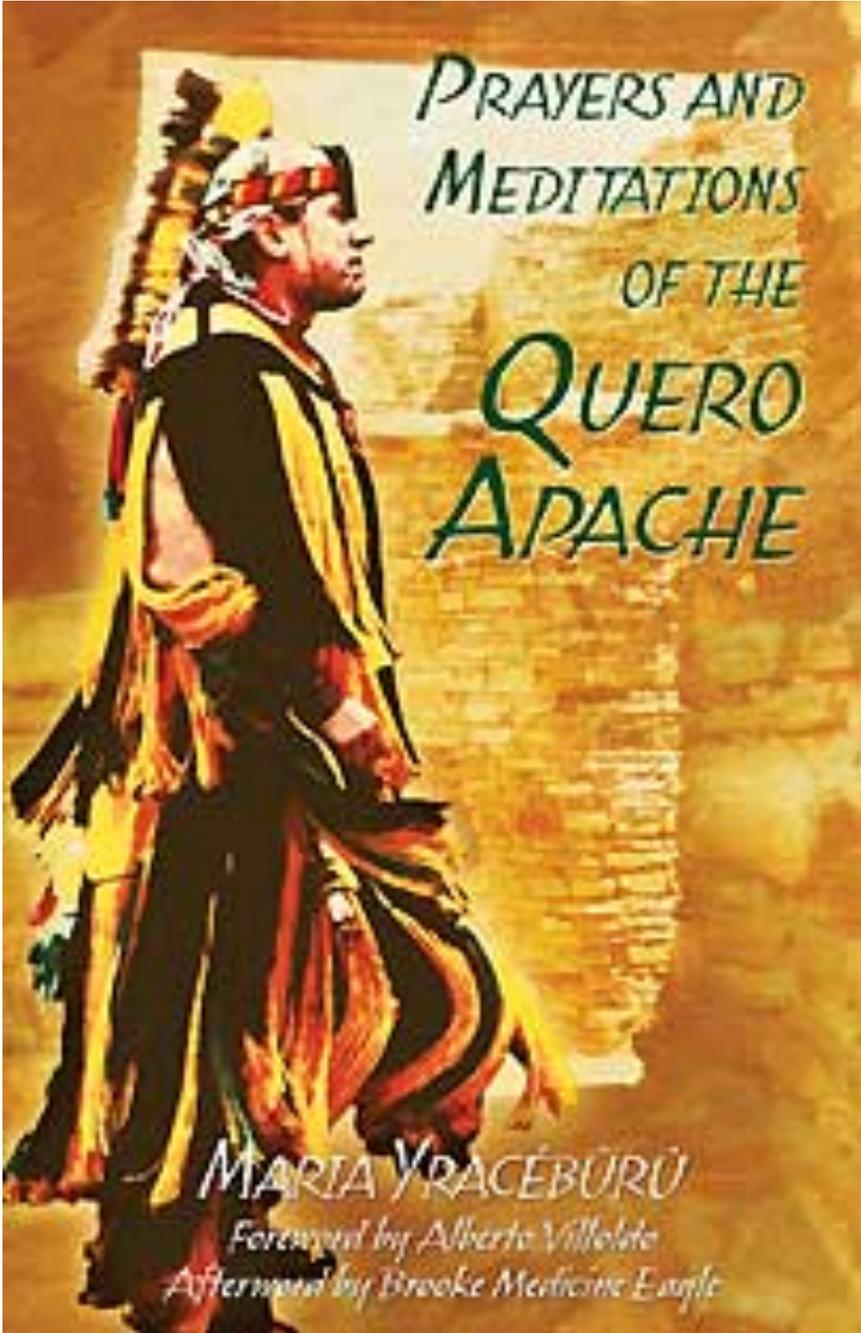
## Healingway Tracking - Bear Clan Teaching

This tracking is utilized for introspective work – a looking back – to determine a course of action to heal relationships.

This is a very useful map. Our older siblings, the Bear People are masters of dream evolution and sniff out how impulses can block us in our intent. The results of your responsible actions give you what you need to know most.



Additional info: #4 will shed more light on #2.



PRAYERS AND  
MEDITATIONS  
OF THE  
QUERO  
APACHE

MARIA YRACÉBURÜ

*Foreword by Alberto Villoldo*

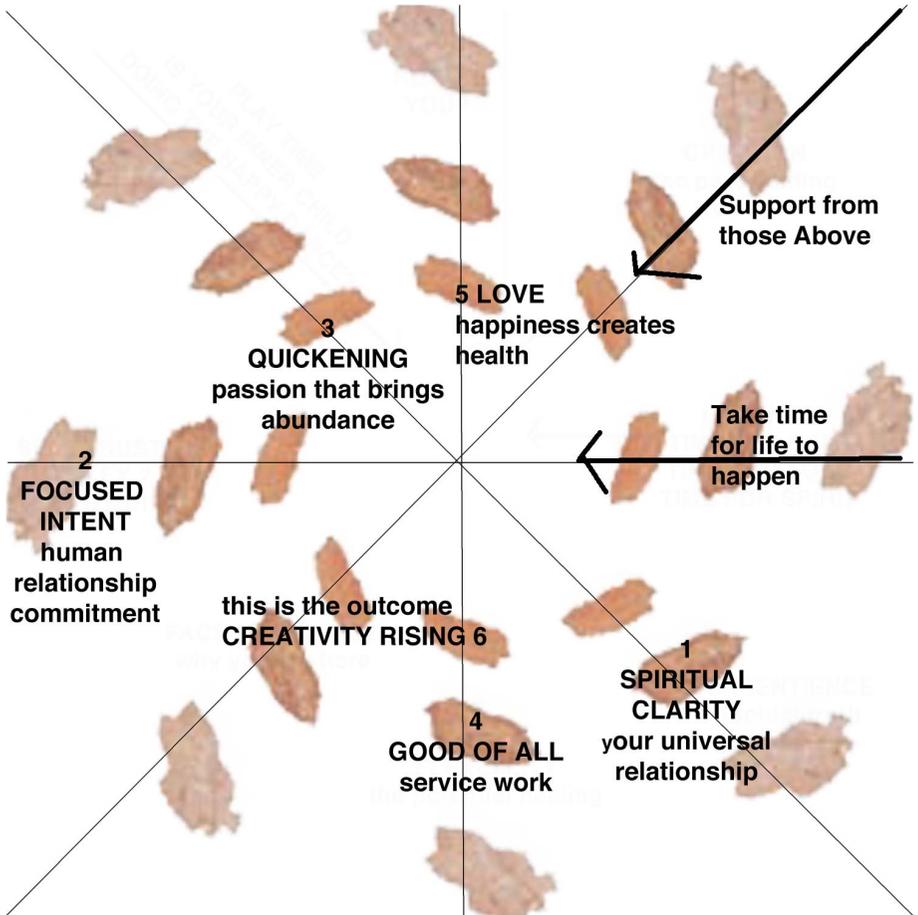
*Afterword by Brooke Medicine Eagle*

# GRID -

## BlessingWay Tracking - Eagle Clan Teaching

This tracking tells us about how we're handling our time management issues, giving a broad overview of the areas of life we dedicate ourselves to – and those lacking.'

The vision of Eagle People teaches us about split second accuracy in full engagement in life.



FIRST MEDICINE WHEEL

Wisdom  
of the  
Rainbow Serpent

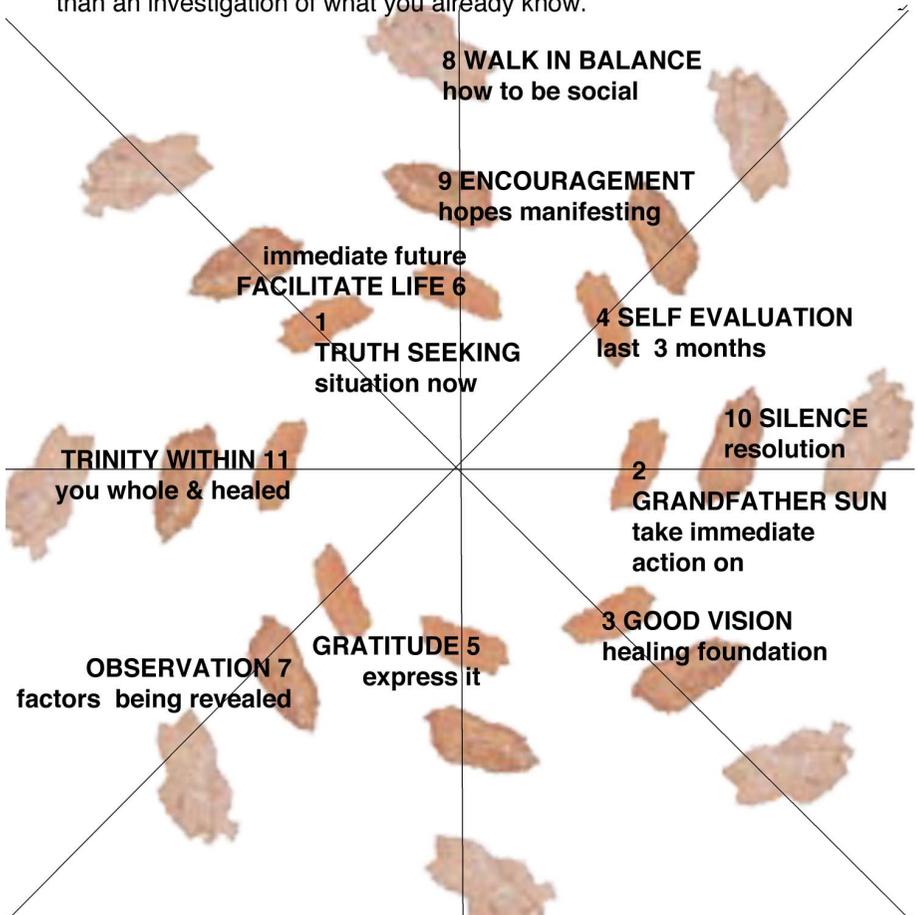
MARIA YRACEBURU

# GRID -

## HolyWay Tracking - Puma Clan Teaching

The tracking of the Puma People is the one I have utilized most. With the Soul Sickness that is pandemic at this writing, the many variances of polarity and depression are addressed.

I believe the HolyWay grid works best in the formulation of situations in regard to mental stability. Remember this is a confirmation, more than an investigation of what you already know.



# *Touched by the Clouds*

*Messages from Inside the Lightning*

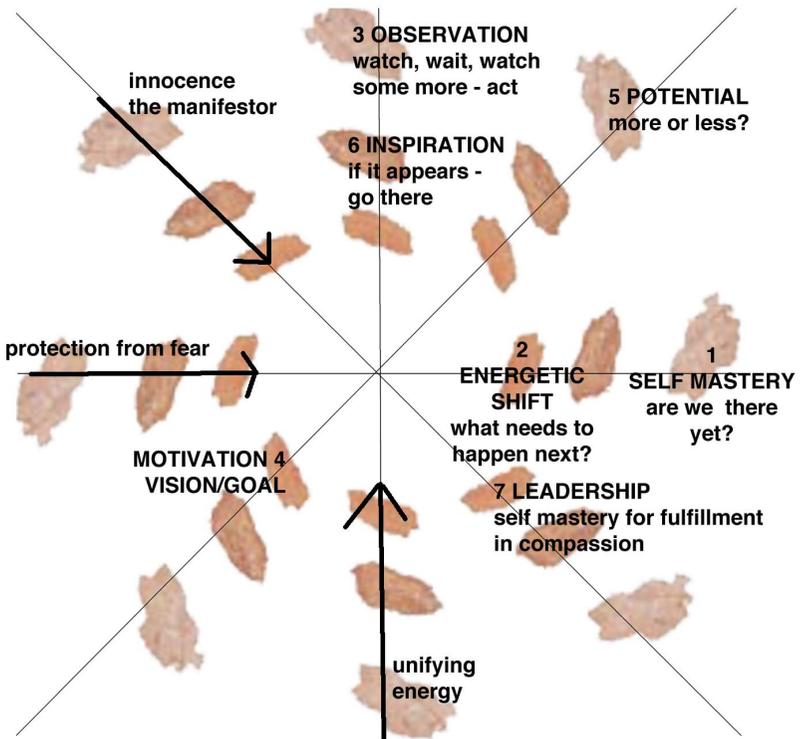
*The Lightning Journal of  
Maria Yracaburu  
diyin*

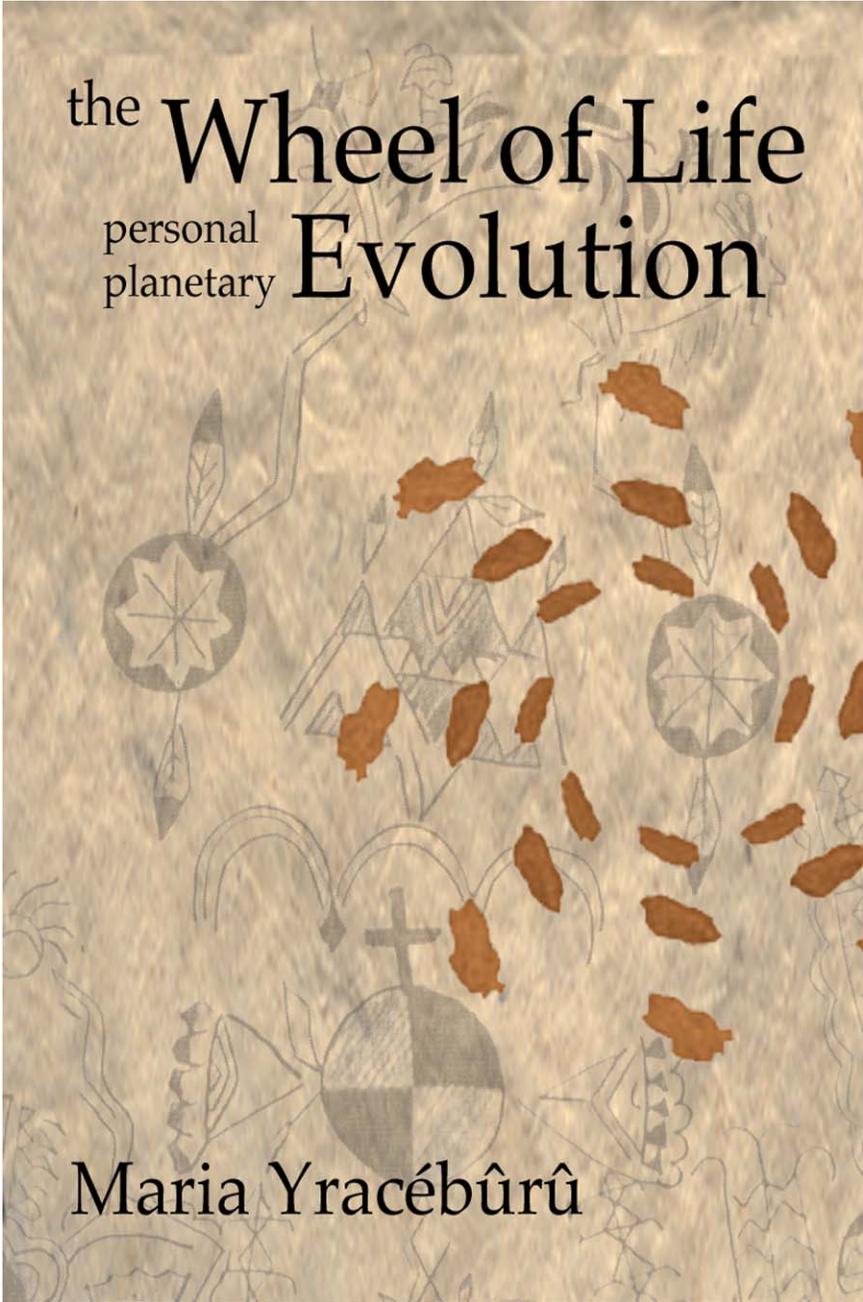


# GRID -

## EarthWay Tracking - Deer Clan Teaching

My second favorite tracking grid was a gift from the Deer People, and speaks to how we connect – pulling together the peices – of ourselves, our community, projects we'd like to have achieved. This is Coming Together in Responsible Co-creation.





the **Wheel of Life**  
personal planetary **Evolution**

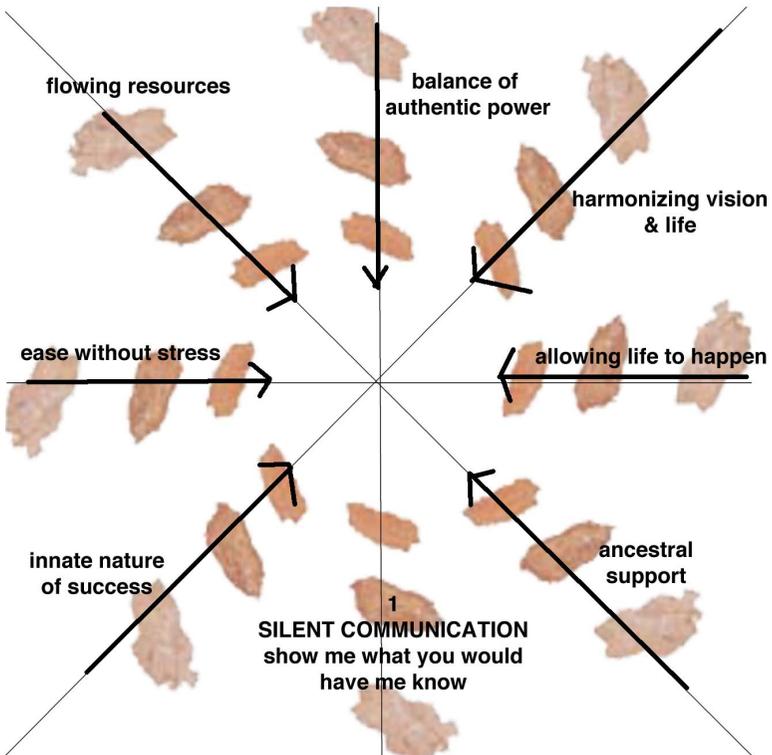
Maria Yracébûrû

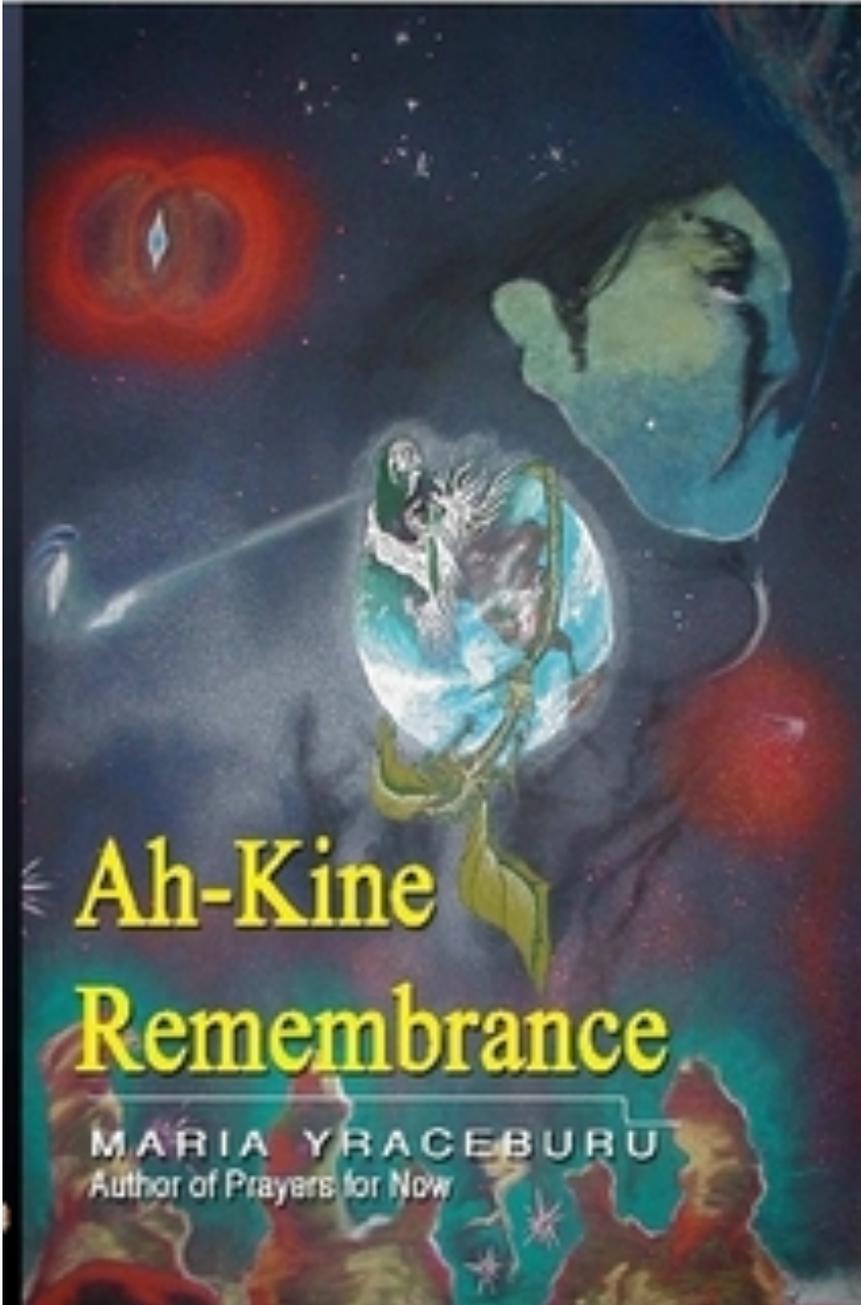
# GRID-

## RainbowWay Tracking - Snake Clan Teaching

One bone, like one glimmering stone in a hole when I was five years old, can be the most prophetic of all.

The Snake People initiated the ability to see all things in patterns of overlapping time. One moment, one truth, one totality and the tracking is simple.





# Ah-Kine Remembrance

MARIA YRACEBURU

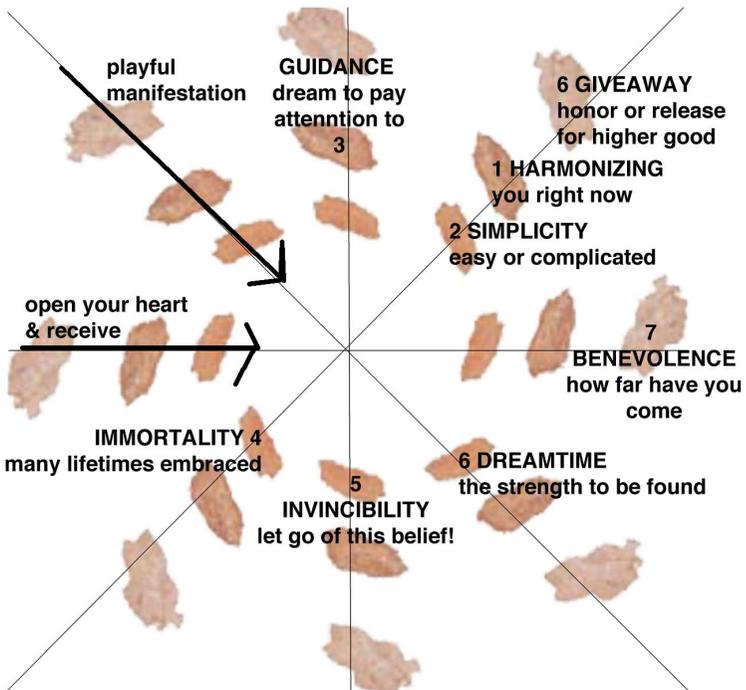
Author of *Prayers for Now*

# GRID -

## StarWay Tracking - Condor People Teaching

In its purest form the StarWay tracking assesses our awakening spiritual path.

The Condor People gave me this tracking to find my strengths & weaknesses, & belief systems that lead our growth in consciousness. I utilize it to plan functions – this gives me representation information vital to how I choose ritualistic exercises for our ceremony.



Additional Info: Read #1, #2, and #4 together to understand the reality of how things are, then #1, #3, and #8 to understand the potential. Finally ready #1 and #5 together to reveal areas you need to be ready for.

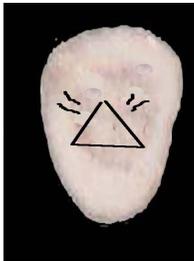
Put it all together and you'll have a good idea of your own spiritual journey or a valued overview of your next event.

## BONES INTERPRETATION



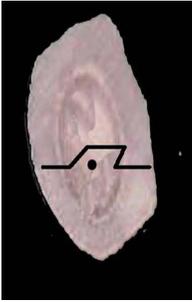
### Destiny Space

Guided by the power of experience, let the radiant truth of victorious stories of beauty present themselves. Youth and innocence, fun and play, liveliness - bring the child out and find purpose, joy and humor. Determination, optimism and direction give to this expansive energy.



### Morning Star Guidance

You are on a path of healing that brings simplicity without complication. Insight and perspective provide guidance. Remain grounded. Remain relaxed, focused in your life footwork. Direction and leadership influence life choices. Achievement is assured. Stay open and patient. Help other if they ask.



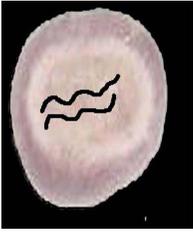
### Earth / Home / Birthright

You are on a path of healing that connects and relates to earth as the living Mother in all forms. Ground and connect with wisdom and Changing Mother earth's gifts. Align in earth wisdom, life consciousness, and tap your truth. Look at the overview including earth when making your decisions. You are, and become your choices. Walk your talk and find sustainability, unity, healing ancient wounds past and present for the future.



### Higher Self

Find higher purpose on your path. Step beyond yourself, attain your vision and manifested it now. Enrich your life and others by your life choices. Enter the Silence of Being. From that space, look out. Feel a natural flow of energy calling to you. This is the way of the Higher Self - the Pathfinder.



Water / Flexibility / Flow

A child awaits. In the water nursery there is safety, calm, and security. This is the foundation of connection. Then freedom through

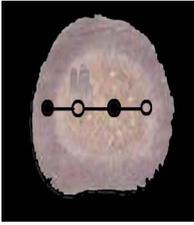
birth, and the creation of character, with the onset of emotions. The cells of our bodies need the support of water to grow, and continue the gradual growth as we gain confidence and emotional health and we reintegrate the inner child. Soft, loving water molecules open us, carrying love to all parts of who we are - unconditionally. Compassion is loving the authentic needs of life.



Compassion / Ego

Manifestation from within to without allows you to connect with inside sensations, thoughts, symbology and bring them into

reality. Search deep within and try a new way. Experience authentic beauty and open to the compassion of the Earth's love. Become familiar with your sense of Self. You are invited to share your joy and relieve life. It will be returned to you 13<sup>20</sup>.



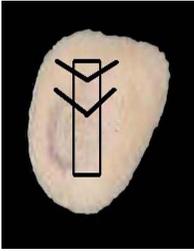
### Time Warping

Graceful Passage is the gift. A spark of inspiration is ignited. Excitement stirs within. Tap into your personal gifts. Your potential awakens. Embrace your opportunities and dance your life. Your imagination is enhanced, thoughts clarify and words transmute. Initiation and transformation are upon you. Take advantage. Integrate play. Let go of the past and embrace the energy of adventure without limitations.



### Fertility

Can you imagine enough abundance to support your life? Attract abundance with your positive, inner and outer resources, guiding you toward personal balance. Stir passion, creative awareness, expression of feminine, nurturing connection. Teach wisdom, beauty and power in moments of chaos. Set healthy boundaries, express your emotions, create responsibly, and feel free in who you are.



### Courage

Draw positive energy into your life.  
Calling energy brings allies and  
vitality to do what needs to be done.  
The energy flows deep inside of you.

It's the sweet sensations that comfort and  
nurture you. Be you.



### Life Force

More flexibility in your life is  
needed. Drumming heightens  
awareness and reminds us of the life  
force contained between the beats  
of the heart and the breath we

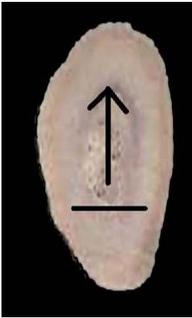
take. Become aware of your body and  
surroundings. Be more accepting and flexible in  
your rhythm, allow yourself to reverberate with  
the planet. Balance your analytical mind with  
your intuition. Within balance there is wisdom  
that nurtures.



## Integrity

When you care for yourself emotionally, you act from integrity. Tap your inner knowing, be receptive and protect your vulnerability.

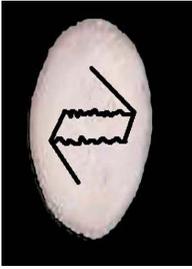
Authentic being that you are, let radiance encapsulate you.



## Charting Time

Face your Shadow. By accepting it for its proper role, you begin to discern, then perspective shifts. By trusting in the Mystery, you experience altered states of

consciousness that bring awareness and growth. Heal by understanding who you are. Inner peace awaits you.



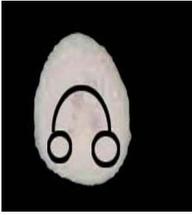
## Transmutation / Transformation

The miraculous power of sacred talk has the capacity to surround you and protect you. With passion our words embody freedom that lives even in difficult times. Passionate words strong, yet yielding and gentle. Sacred Talk cultivates relationships and opens the way to trust, security, protection, intimacy, and love. Share yourself. Appreciate and take this moment to create understanding.



## Earth Cycles

This is a gentle, uplifting "Welcome Home." Value and accept everything within you. Love yourself and see your potential. Do something special. Your return is honored. You are perfectly aligned.



### Giveaway

Slow down and pace yourself to build stamina and prevent burnout.

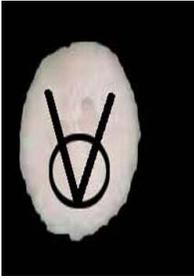
Giveaway self imposed limitations, resentment, anger, hurt, frustration. Give them to the Earth and experience her transmutational power. Appreciate the beautiful confirmations she sends you. You attract the rainbow and build the bridge.



### Face Challenges

The melodious flute asks you to understand the origin of sadness or anger you may be carrying around.

Forgive yourself and others. Be flexible in your approach, move with flowing energy. Open your heart and share an act of healing ... Forgive. Every action of dysfunction comes from common sad stories.



### Patience

Take time to celebrate. Let go and see what is to be. Celebrating life changes evolve and reflect patterns of patience. Steady spiritual maturation teaches patience in life.

Breath in the refreshing air.



### Quickening

Embrace the heart flame within you, feel the freedom, dance life. Project a sense of adventure, through choosing the positive, and

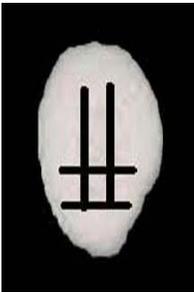
the power of your thoughts will align you with higher purpose. Have Fun! Create New! Be filled up and Live!



## Receive Blessings

The stones of our Medicine Wheel of Life represent our ancestors. Everything changes. The attributes of our lineage help us grow, love, let go. We live in our cycles. The Ancestors bring courage and faith.

Open to receive joy, love, peace and beauty. Allowing yourself to be the recipient helps you value yourself. By loving the aspects of life, you multiply the love you have to share with others.



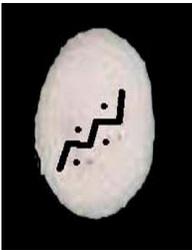
## Health

A secure and nurturing environment beckons you. Connect to nature, find your place of power. Open, yield, find guidance... trust your instinct. Strength to act and trust are within you. This is the time to hold your inner child and heal the wounds of the heart, by listening to Earth and your body.



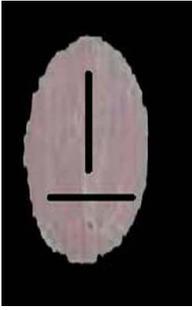
## Pilgrimage

There is a calling from deep inside that is pulling you into vision, an inner wisdom that requires the sacrifice of fear in service for the good of all. Put things in perspective and stay connected to the harmony of the whole. Protection and compassion are offered to build the bridge. Speak your truth, express harmony and balance. Move through fear. Step into the Portal of No time and breath.



## Power of Prayer

Listen to what you feel and trust your decisions. Watch the clouds and trust where they lead your thoughts. The balance of intellect and reason join as Earth and Spirit. Integrate your inner knowing, gain wisdom, vision and clarity through prayer. Live fuller, enjoy children, and bring play and laughter to the world.



### Decision to Make

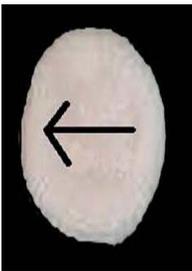
Come to new terms with Self.

You're coming to peace and unity.

Discover a new depth about how you fit into the puzzle. As you

experience your connection, open

further... one step beyond your comfort zone each time. You naturally come to where you belong.



### Self Discipline

You are on a path of healing the unhealed and unresolved hearts.

Uncover hidden emotional wounds, mother issues and reconnect to

nature. Reevaluate, reconnect with

self worth and honor. Life is delicate, yet strong, and grows. Awaken within, find inner strength.



## Abundance

Lack is replaced. It's a prolific day, spreading and producing abundance everywhere. Quality of life grows and prospers. Delicate strength through thought projection is pronounced. Third eye spiritual insight and wisdom bring the experience of abundance. All you ever need is here.

## AFTERWORD

My life has been guided, directed, and confirmed by my divination work with the Bones. Every year I chart a calendar of energies. Every student I chart their Earth Walk. Every day, I look and feel, and watch for confirmation of what I have tracked, and within this, I find my life runs with grace and ease. When challenges arise, they are quite manageable, and resolve with the least amount of stress possible. All this because, I learned how to toss a few deer buttons with stick drawings on them, out onto the ground, and trust the messages they presented me. They have seldom been wrong.

Blessings and enjoy your new game/life guidance system.

- kamaka naylin iskiñihí naakaí ts'ilsoose  
Maria Yraceburu





## Maria Yracébûrû

Maria Yraceburu was trained by her grandfather, an Apache HolyMan, in an intense process that lasted over ten years. She was closely observed by da'igoti and elders. She showed promise in skills--such as awareness, tracking and prophecizing, physical fitness, and selflessness -- and was selected to undergo the training process.

Training included advanced techniques of [egoless service](#) and invisibility as well as observation and tracking energies. These skills led to her as “painter of visions”. Maria became a master of reading nature’s signs of confirmation, excelling beyond the skills of the clanspeople. This was necessary, for she was destine leave the clan to spread the knowledge in people previously unknown to her.

Moreover, Maria was taught a highly complex system of tracking, utilizing minimum exertion within each act. The energy could tell Maria anything from how soon something might happen, to the directional assistance humans looki for in times of transition. Some agree that Maria is among one of the world’s greatest ceremonial choreographers, because of this talent.